

Main Features:

- 15 grams of soluble prebiotic fiber (60% DV) in 1 fl oz
- Contains fructo-oligosaccharides (FOS) and polydextrose to support gut health^{1,2}
- Ready to drink or mix with any food or beverage
- Thin viscosity
- Lactose free, gluten free, and soy free
- Kosher
- For oral and enteral use under medical supervision



Administration:

- Use under medical supervision.
- Healthcare professionals should determine intake based on condition, estimated need, and dietary intake.
- Administer orally or through feeding tube.

Suggested Intake:

- 1-2 servings per day.
- One serving = 1 fl oz.

Oral Feeding:

- Can be taken straight or mixed with any hot or cold beverage.

Precautions:

- Do not consume more than 2 fl oz (60 mL) per day without healthcare provider recommendation.
- Do not use if intestinal obstruction, fecal impaction or known allergy to any component is present.
- Not suitable for use as a sole source of nutrition.
- Not for parenteral use.

Storage:

- Store at room temperature.
- Refrigeration not necessary.
- Discard 3 months after opening.

Nutrients per 30 mL serving

Calories, kcal	50*
Carbohydrate, g	25
Total Sugar, g	2.5
Dietary Fiber, g	15
Soluble Fiber, g	15
Sodium, mg	15
Potassium, mg	52
Phosphorus, mg	25

*Glycerin & polydextrose provide a source of calories

Ingredients: Water, Polydextrose, Glycerin, Prune Juice Concentrate, Fructo-oligosaccharides (FOS). Contains 2% or less: Sodium Benzoate (to help protect flavor), Potassium Sorbate (to help protect flavor), Phosphoric Acid.

Size	Item	Flavor	Case Pack	HCPCS	Reimbursement Code
Bottles 30 fl oz (887 mL)	70001	Prune	6 x 30 fl oz	B4104	26974-0410-70
Unit Dose 1 fl oz (30 mL)	70400-U	Prune	96 x 1 fl oz	B4104	26974-0410-71



Clinician Resources Available

- Educational Webinars
- Risk Assessment Checklist
- Policy and Procedure Cards
- Health Economics Tool



NutriciaLearningCenter.com

NUTRICIA
Specialized Adult
Nutrition

**PREBIOTIC FIBER
TO SUPPORT BOWEL HEALTH**



Recommend Fiber-Stat for your residents & patients today.

Call **1-800-365-7354** or visit **SpecializedAdultNutrition.com** for more information.

Fiber-Stat® Can Address 9 Quality of Care Indicators

- 15 grams of soluble prebiotic fiber in 1 fl oz
- Contains fructo-oligosaccharides (FOS) & polydextrose to support gut health^{1,2}
- Great tasting flavor

1. Losada MA, et al. Nutrition Research. 2002;22:71-84. 2. Jie Z, et al. Am J Clin Nutr. 2000;72:1503-9. 3. Gibson GR, et al. Gastroenterology. 1995;108:975-82. 4. May T, et al. Scand J Gastroenterol. 1994;29:916-22. 5. Flood MT, et al. Food Chem Toxicol. 2004;42:1531-42. 6. Frank L, et al. J Am Med Dir Assoc. 2002;3:215-23. 7. Thomas DR, et al. J Gerontol A Biol Sci Med Sci. 2000;55:M725-34. 8. Tariq SH. J Am Med Dir Assoc. 2007;8:209-18. 9. Irvine EJ, et al. Am J Gastroenterol. 2002;97:1986-93.



Ingredients that Gently Stimulate, Soften, & Regulate

FOS → Prebiotic fiber that can promote the growth of beneficial bacteria³

Polydextrose → Prebiotic soluble fiber clinically shown to soften stool and increase bowel frequency, while promoting beneficial bacteria in the colon^{2,4,5}

Prune Juice Concentrate → Can stimulate normal bowel regulation

Product Label: NUTRICIA Fiber-Stat® Prebiotic Soluble Fiber to Help Support Bowel Health. with FOS & Prune Juice Concentrate. Prune. Contains 12% prune juice concentrate. Net content 30 fl oz (887 mL). 1 fl oz dose.

The Fiber-Stat Difference

- ✓ Contains 60% DV of soluble fiber per 1 fl oz serving
- ✓ Great tasting flavor
- ✓ Low volume, 1 fl oz serving size
- ✓ 1-2 servings per day
- ✓ Ready to drink – NO mixing required

Addressing 9 Quality of Care Indicators

Constipation can cost a facility thousands per resident.



CONDITIONS EVALUATED	FIBER-STAT®
Quality Measure Score	
Pressure ulcers	
Urinary tract infections	
Weight maintenance	✓
Bladder control	
Bowel control	✓
Activities of daily living	✓
Falls	
Pain	✓
Depression	✓
F-Tag Deficiencies	
Pressure ulcers	
Urinary tract infections	
Nutritional status	✓
Unnecessary drugs	✓
Infection control	✓
Healthcare-Associated Infection Rate	
Pressure ulcers	
Urinary tract infections	
C.diff	✓
Hospital Readmission Rate	
Urinary tract infections	
NUMBER OF QUALITY OF CARE INDICATORS PRODUCT HELPS TO ADDRESS	9⁶⁻⁹